

WHAT HAPPENS DURING AN ASSESSMENT?

When you come to see us, you might meet an Occupational Therapist, a Speech Therapist, or a Psychologist – sometimes all three. We work together to learn about how you move, think, communicate, and play.

We'll ask you to do some activities so we can understand what you're great at and what we can help you with. These are called assessments. They are not school tests, and there are no passes or fails.

WHAT KINDS OF THINGS MIGHT I DO?

Using your Hands & Body

You might:

- Draw, write, or copy shapes
- Pick up small objects like pegs or beads
- Cut, stack, or build things
- Balance, jump, hop, or throw and catch a ball

These activities help us see how your body moves and how your hands work together.

Talking & Understanding

You might:

- Answer questions or tell a story
- Listen to instructions and follow them
- Name pictures or objects
- Play games that use words and sounds

This helps us understand how you communicate and understand others.



Thinking & Learning

You might:

- Solve puzzles or problems
- Remember things or play memory games
- Look at pictures and answer questions
- Talk about feelings or situations



This helps us learn how you think, learn, and feel.

WHAT IF SOMETHING FEELS TRICKY?

That's okay. Everyone finds different things easy or hard. We just want you to try your best. It's completely fine to ask for help or say if you're not sure.

WHO WILL I BE WITH?

You'll be with friendly grown-ups whose job is to help kids. We will:

- Explain and show you what to do
- Give you time to think and try
- Encourage you along the way

WHY DO WE DO THIS?

These activities help us understand:

- What you are really good at
- What might feel tricky
- How we can support you at home, at school, and in everyday life

REMEMBER

- You can ask questions at any time.
- You can take your time.
- We just want you to try your best.

We are looking forward to getting to know you!